VeganE DISHES AND THEIR ALLERGEN CONTENT

All items and ingredients are Vegan and Homemade.

Can be served many Gluten free options with extra £2.00

NO	DISHES	Celery	gluten	Sesame seeds	Soya	Mustard	Nuts	Peanuts	Sulphur Dioxide	Lupine	No Onion No Garlic
	All chesses										X
	Homemade Mayo				X	X			X		X
	All mayo base Sauces				X	X			X		X
1	Seasonal Soup				X/C						
2	Fish Tacos		X/C		X						X
3	Homemade Hummus		X/C	X	X/C						X
4	Avocado Hummus		X/C	X	X/C						X
5	BBQ Jackfruit wrap		X/C	X/C	X/C				X		X
6	Samosa		X		X						
7	Chicken strips		X		X/C						
8	Mac & cheese		X/C		X/C						X
9	Cheesy Garlic Bread		X/C								
10	Falafel		X/C								
11	Aubergine Dip		X/C								
13	Spaghetti Bolognese		X/C		X/C						X
14	Penne Alfredo		X/C		X/C						X
15	Homemade Lasagne		X/C		X						
16	Vegetables fry noodle		X/C	X/C	X/C				X/C		X
17	Steak and Chips		X						X		
18	Fish and Chips		X/C		X				X		X
19	Sausages and Chips		X/C								
20	Parmigiana		X/C		X/C						X
21	Okra stew		X		X						
22	Dal stew		X		X						
23	Stuffed pepper										
24	Jerk sweet potato & Black bean curry										